



50

things to do

before you're
five



Leeds City Council have been working with **St Edmund's Nursery School**, the developers of **'50 Things to Do Before You're Five'**, to bring this exciting project to the city. 50 Things was developed *with* parents, and is full of ideas and activities for families with young children.

.....

It is a resource that offers experiences that build skills and language, supporting brain development in young children, as well as being great fun!

50

things to do

before you're

five

What is '50 Things'
leeds.50thingstodo.org

What is '50 Things'...

'50 Things' is based on the simple idea that doing fun, low-cost or no-cost activities with your family, and talking about them, is a great way to support the growth of your child's skills and confidence. Children with this great start in life not only enter primary school much more ready to learn, but are more likely to be successful in later life.

There's lots of evidence that shows the benefits of parents getting involved in their children's learning. Children's language development improves by having early conversations from birth with grown-ups who love them.

The '50 Things to Do Before You're Five' project offers a wide range of activities from outdoor discoveries in the woods, to exploring how sound changes in different places, to sharing stories and water play.

Download the 50 Things App for FREE from the Apple Store or Google Play and join the adventure! Resources and information can also be found on our website by searching '50 Things Leeds' online.

GET INVOLVED



@50thingsleeds



Follow us on Facebook and Twitter for updates, relevant news and information about free/low cost events. Share your favourite snaps with us on social media with #50ThingsLeeds.

